



Term 4 2023 Timetable

Monday 2nd October - Friday 15th December



Monday

Happy Kids Sports
9:30am - 11:10am

Art Workshop
10am - 12pm

Fitness with Shelley
12pm - 1pm

Craft A Noon
1pm - 3pm

Pilates
1:45pm - 2:30pm

**Zone Academy
Acrobatics**
4pm - 6:30pm

Tuesday

**Smalltalk Supported
Playgroup by City of
Kingston**
10am - 12pm

Fitness with Shelley
10am - 11am

**Zone Academy
Acrobatics**
11:30am - 12:30pm
(Tinies)
4pm - 7pm

Limelight Acting
4pm - 6.30pm

African Drums
7pm - 8.30pm

Zumba with Alenka
7:30pm - 8:30pm

Wednesday

Patchwork
9am - 12pm

Playgroup
9:30am - 11am

Bike Riding Group
9:30am start ride

Chatty Cafe
10am - 12pm

**French and German
Conversation Meetup**
1pm - 2.30pm

Line Dancing
1pm - 3pm

Kids Indoor Soccer
4:15pm - 5pm

Pilates
6pm - 6:45pm

Yoga
7pm - 8pm

Table Tennis
7pm - 10pm

Thursday

Fitness with Shelley
9:30am - 10:30am
11am - 12pm

Little Feet Music
10:20am - 11am

Tai Chi & Qigong
1:15pm - 2:15pm

**Zone Academy
Acrobatics**
4pm - 6:30pm

Friday

Happy Kids Sports
9:30am - 11am

Art Class
10am - 12pm

Canasta
1pm - 3pm

Junior Karate
4:30pm - 5:30pm

**Ballroom Dancing with
Janette**
7pm - 10pm

Chelsea Heights Community Centre

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NEW CLASSES !?

Chelsea Heights Community Centre
aims to meet the needs and
interests of our community

**Do you have an idea for a new class
or activity?
Please share your idea with us!**