



# COMMUNITY YOGA INSTRUCTOR

## About us:

Chelsea Heights Community Centre, is a not-for-profit community-based and inclusive organisation which plays a vital role in the social, educational and cultural life of our community. We offer a wide variety of programs, activities and services involving a diverse range of people from our local and surrounding community.

## About the opportunity:

Chelsea Heights Community Centre is seeking a highly motivated and experienced Yoga Instructor to join our team. The ideal candidate will have a passion for yoga and a desire to share their knowledge and expertise with others. The Yoga Instructor will be responsible for leading yoga classes, developing and implementing an all-abilities yoga and chair yoga programs, and providing guidance and support to students.

The instructor will have to adhere to the mission and philosophy and work as a team member of the Chelsea Heights Community Centre.

The Community Yoga Instructor will teach 2 classes a week at the Centre within 45 min to 1h class (possibly on a Tuesday or Thursday morning).

Paid position by contract. Salary will depend on the experience of the candidate.

## Position responsibilities:

- Lead yoga classes for students of all levels and abilities
- Implement and develop yoga programs that meet the needs of students
- Provide guidance and support to students to help them achieve their yoga goals
- Ensure the safety of all students during yoga classes
- Ensure that participants are treated with respect and in a manner that enhances their personal dignity and self-determination.
- Maintain a positive attitude toward staff and all participants.
- Must be able to handle complaints and concerns from participants with the help of our members of staff.

## The Successful applicant will have:

- A registered and certified as a Yoga Instructor including Chair Yoga training (completed a minimum of 200 hours of training hours)
- Experience with leading yoga classes for students of all levels and abilities
- Excellent communication and interpersonal skills
- Ability to create a positive and welcoming environment for students
- Strong organisational and time management skills
- Passion for yoga and a desire to share your knowledge and expertise with others
- Ability to provide up to date First Aid and CPR and National Police Check
- ABN number and public liability insurance

## How to apply?

If you wish to apply for this position, please email us your CV and a cover letter at [office@chelseaheightscommunitycentre.com.au](mailto:office@chelseaheightscommunitycentre.com.au)

If you need more information or have any question about the position, please contact:  
Lorraine Bradford - Manager  
0397723391

## Chelsea Heights Community Centre

Monday – Friday: 9am to 3pm  
Beazley Reserve – 160 Thames Promenade  
Chelsea Heights, VIC 3196  
(03) 9772 3391

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