



# Term 1 2026 Timetable

Tuesday 27th January - Thursday 2nd April 2026



## Monday

**Happy Kids Sports**  
9:30am - 11:15am

**Art Workshop**  
10am - 12pm

**Stronger Together**  
10am - 11am

**Move & Balance**  
12pm - 1pm

**Craft A Noon**  
1pm - 3pm

**Zone Academy  
Acrobatics**  
4pm - 6:30pm

**Boogie Bounce**  
6pm - 6:50pm

## Tuesday

**Move & Balance**  
10am - 11am

**Zone Academy  
Acrobatics**  
4pm - 7pm

**African Drumming**  
7pm - 8:30pm



## Wednesday

**Patchwork**  
9am - 12pm

**Playgroup**  
9:30am - 11am

**Bike Riding Group**  
9:30am start ride

**Chatty Cafe**  
10am - 12pm

**Play & Connect**   
12.30pm - 2.30pm

**French Connection**  
1pm - 2.30pm

**Line Dancing**  
1pm - 3pm

**Kids Indoor Soccer**  
4:15pm - 5pm

**Pilates**  
6pm - 6:45pm

**Table Tennis**  
7pm - 9pm

## Thursday

**Slow Flow Yoga**  
9:30am - 10:30am

**Move & Balance**  
9:30am - 10:30am  
11am - 12pm

**Social  
Walking Group**  
10am - 11am

**Chair Yoga**  
11am - 12pm

**Community  
Theatre Club**   
12pm - 2pm

**Tai Chi  
Qigong**  
1pm - 2pm

**Zone Academy  
Acrobatics**  
4pm - 6:30pm

**Boogie Bounce**  
6pm - 6.45pm

## Friday

**Happy Kids Sports**  
9:30am - 10.55am

**Art with Nic**  
10am - 12pm

**Canasta**  
1pm - 3pm

**Junior Karate**  
4:30pm - 5:30pm

**Ballroom Dancing  
with Janette**  
7pm - 10pm



### Chelsea Heights Community Centre

160 Thames Promenade  
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### NEW CLASSES !?

We aim to meet the needs and interests of our community.

Do you have an idea for a new class or activity? We'd love to hear it—please share your suggestion with us!